

Island Reproductive Services
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HSG (Hysterosalpingogram) Patient Instructions

The hysterosalpingogram is a radiologic test to look at the uterine cavity as well as to verify whether the fallopian tubes are open. The test is usually performed at certain times in relation to your menstrual cycle and ovulation.

To schedule your test, please call the office at 718-948-6100 Monday through Friday on day 1 of your menstrual bleeding. If day 1 falls on a weekend, please call the office the next business day. You must have had cervical cultures for gonorrhea and Chlamydia done within 12 months prior to the test. If these were done by your primary OB/GYN please have them faxed to our office at (718) 948-6114.

The physician will perform the test at:

Verrazano Radiology
256A Mason Avenue
Staten Island, NY 10305
(718) 667-4700

If you have had a previous history of gonorrhea, chlamydia, or pelvic inflammatory disease please make sure you inform your physician as you may need antibiotics prior to the procedure! If you are allergic to dye/contrast material please inform your doctor prior to the test!

Your physician will place a small metal speculum into the vagina, clean off the cervix, and place a small catheter into the cervix. Through that catheter, your physician will inject contrast material through into the uterus. Several X-rays will be taken. The actual procedure will last about five minutes. Some women may experience cramping during the procedure, especially those women with painful menstrual periods or blocked tubes. If this occurs, the cramping usually gets better immediately and rarely last more than 10 to 15 minutes.

Following the procedure you may notice mild cramping and spotting or light bleeding. A sanitary pad can be used initially if needed. After 48 hours tampon use and intercourse can be resumed. If you notice heavy bleeding or fevers, you should contact Dr. Knochenhauer or Dr. Traub immediately.

Please report to Verrazano Radiology 30 minutes prior to your appointment to complete your paperwork.

Your parking ticket may be brought inside to be validated. In order to prevent cramping from occurring, you can take 3-4 (200 mg) anti-inflammatory pills (Motrin, Advil, Aleve, ibuprofen, etc) or 2 extra strength (500 mg) Tylenol or acetaminophen pills at home just before leaving to come for the x-ray.