

Island Reproductive Services
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POST EGG RETRIEVAL INSTRUCTIONS -- NO FRESH TRANSFER

Following the egg retrieval, you should rest for the remainder of the day.

You may eat or drink whatever you want.

You should avoid strenuous exercise and intercourse at this time. You may walk up and down stairs. Tylenol may be taken for any discomfort. You may shower in the morning after the egg retrieval.

You may experience some spotting or vaginal bleeding after the retrieval. This should stop within 24 hours and should be less than a menstrual period. If this bleeding does not stop or decrease within 24 hours you should contact our office.

You may experience some lower abdominal discomfort or vaginal discomfort related to the procedure, but this should improve each day. You may experience nausea after the procedure as a result of anesthesia.

No intercourse for 2 weeks after egg retrieval.

Medication Instructions After the Egg Retrieval:

- 1. Continue your Zithromax (or other prescribed antibiotic) 1 pill daily until the pills are finished (5 total pills). Take this pill the day of the egg retrieval when you get home.**
- 2. If you were taking a medicine called Dostinex (Cabergoline) then also take this after the egg retrieval and daily until completed (usually 7 total days)**

**** You should contact the office if you have any problems such as fevers, infections, bladder difficulties, heavy bleeding, unusual or severe pain. 718-948-6100**